



## Parenting Discussion Group

### Two Session series Facilitated by TriHealth EAP

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The pandemic has changed the way we parent. We have always juggled many roles; parent, employee, teacher, child and partner, but these roles have increased in intensity. Join our Parenting Discussion Group to share concerns, frustrations and successful ideas with other parents in a supportive environment.

Please choose one series and register at [Parenting Discussion Group](#) or call 513 977 2165.

**Series 1: Thursday, June 4 and June 18 | 3 to 4 p.m.**

**Series 2: Tuesday, June 9 and June 23 | 12 to 1p.m.**

Series are by videoconference or telephone. Participants will be limited to 20 per series.



Facilitated by **Shelly Schadick, LPCC**, TriHealth EAP Specialty Treatment Coordinator  
Shelly is a Licensed Professional Clinical Counselor and has 24 years of experience in the field of Employee Assistance. Her experience includes individual, as well as couples counseling and wellbeing and psychoeducational trainings.

